

POST OFFICE® TRAVEL MONEY

Worldwide Holiday Costs Barometer 2011

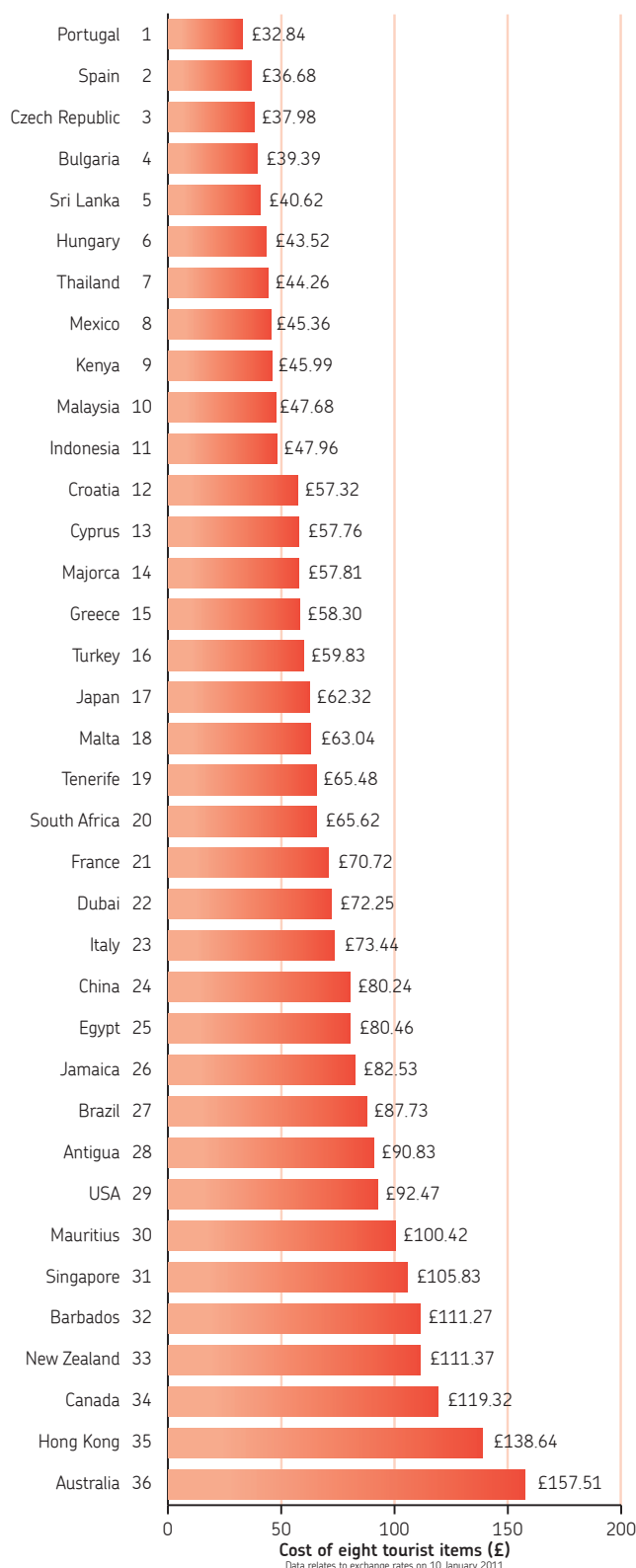
European holiday hotspots, led by Portugal and Spain, emerge as cheapest in the new Post Office Worldwide Holiday Costs Barometer of resort costs for UK tourists.

The barometer monitors the price of eight popular tourist items, including dinner for two, refreshments and suncream, in 36 holiday destinations worldwide. Key findings include:

- **Portugal is best value worldwide after a 49 per cent fall in costs and prices are down in all the eurozone countries except Italy**
- **Sri Lanka is this year's cheapest long haul destination, beating Thailand to the top spot because the pound has weakened against the Far East currency**
- **Egypt, USA and Barbados all dropped down this year's barometer table because resort prices rose 30 per cent or more**

Holidaymakers can change pounds into euros over the counter at over 8,500 Post Office bureau de change branches, while US dollars and Turkish liras are available at 4,000 of these. Other currencies featured in barometer are among 30 available on demand at 1,600 larger Post Office branches.

Additionally, over 70 currencies can be pre-ordered for collection or home delivery at all 12,000 Post Office branches and online at postoffice.co.uk, with 0 per cent commission on all foreign currency and travellers' cheques.









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ITEMS	PORTUGAL Euro	SPAIN Euro	CZECH REPUBLIC	BULGARIA	SRI LANKA	HUNGARY	THAILAND	MEXICO	KENYA
									
Cup of coffee Bar/café	£0.63	£1.07	£1.34	£0.71	£0.92	£1.18	£0.51	£1.17	£1.32
Bottle of local beer/lager Bar/café	£1.34	£1.79	£1.34	£1.18	£1.85	£1.51	£1.04	£1.06	£1.32
Bottle/can of Coca-Cola Bar/café	£0.89	£1.07	£0.69	£1.18	£0.92	£0.87	£0.28	£1.17	£0.70
1.5l bottle of mineral water Supermarket	£0.12	£0.34	£0.57	£0.71	£0.62	£0.34	£0.46	£0.59	£1.06
Suncream (factor 15) Supermarket	£5.35	£4.42	£7.25	£8.02	£5.54	£9.41	£5.22	£4.11	£3.30
Insect repellent Supermarket	£5.31	£2.46	£4.58	£1.42	£3.08	£2.69	£0.58	£2.35	£0.88
Pack of 20 Marlboro Lights cigarettes	£3.13	£3.21	£3.13	£2.59	£3.08	£2.32	£1.35	£2.05	£2.20
3-course evening meal for 2 adults (incl. bottle house wine) in local restaurant	£16.07	£22.32	£19.08	£23.58	£24.61	£25.20	£34.82	£32.86	£35.21
TOTAL COSTS	£32.84	£36.68	£37.98	£39.39	£40.62	£43.52	£44.26	£45.36	£45.99

ITEMS	MALAYSIA	INDONESIA	CROATIA	CYPRUS Euro	MAJORCA Euro	GREECE Euro	TURKEY	JAPAN	MALTA Euro
									
Cup of coffee Bar/café	£0.81	£1.38	£1.44	£2.68	£1.34	£2.23	£1.58	£1.68	£1.07
Bottle of local beer/lager Bar/café	£1.62	£1.98	£1.63	£2.59	£1.61	£2.23	£1.81	£2.93	£1.43
Bottle/can of Coca-Cola Bar/café	£0.58	£1.19	£1.75	£0.98	£1.34	£1.79	£1.81	£2.10	£1.34
1.5l bottle of mineral water Supermarket	£0.23	£0.40	£1.00	£0.89	£0.43	£0.80	£0.36	£1.49	£0.50
Suncream (factor 15) Supermarket	£4.40	£9.49	£7.50	£11.61	£11.04	£8.04	£9.50	£3.34	£7.10
Insect repellent Supermarket	£3.47	£0.95	£3.75	£4.46	£4.46	£4.46	£2.01	£4.17	£3.57
Pack of 20 Marlboro Lights cigarettes	£1.85	£0.95	£2.75	£3.75	£3.21	£3.04	£3.17	£3.69	£3.39
3-course evening meal for 2 adults (incl. bottle house wine) in local restaurant	£34.72	£31.62	£37.50	£30.80	£34.38	£35.71	£39.59	£42.92	£44.64
TOTAL COSTS	£47.68	£47.96	£57.32	£57.76	£57.81	£58.30	£59.83	£62.32	£63.04

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ITEMS	TENERIFE Euro	SOUTH AFRICA	FRANCE Euro	DUBAI	ITALY Euro	CHINA	EGYPT	JAMAICA	BRAZIL
									
Cup of coffee <i>Bar/café</i>	£0.89	£1.02	£1.79	£3.41	£0.80	£4.31	£0.94	£1.71	£0.91
Bottle of local beer/lager <i>Bar/café</i>	£1.34	£1.54	£1.96	£4.73	£2.46	£2.15	£1.00	£2.14	£1.48
Bottle/can of Coca-Cola <i>Bar/café</i>	£1.34	£1.33	£2.23	£1.42	£2.01	£1.08	£0.75	£1.11	£0.68
1.5l bottle of mineral water <i>Supermarket</i>	£0.71	£2.05	£0.71	£0.38	£1.12	£1.08	£0.75	£1.29	£0.79
Suncream (factor 15) <i>Supermarket</i>	£8.30	£6.14	£8.14	£4.73	£7.14	£3.23	£11.27	£6.86	£10.91
Insect repellent <i>Supermarket</i>	£5.94	£2.56	£8.93	£3.22	£2.23	£2.15	£1.88	£6.00	£2.73
Pack of 20 Marlboro Lights cigarettes	£2.32	£2.05	£5.00	£1.33	£4.11	£1.62	£1.25	£7.71	£2.05
3-course evening meal for 2 adults (incl. bottle house wine) in local restaurant	£44.64	£48.93	£41.96	£53.03	£53.57	£64.62	£62.62	£55.71	£68.18
TOTAL COSTS	£65.48	£65.62	£70.72	£72.25	£73.44	£80.24	£80.46	£82.53	£87.73

ITEMS	ANTIGUA	USA	MAURITIUS	SINGAPORE	BARBADOS	NEW ZEALAND	CANADA	HONG KONG	AUSTRALIA
									
Cup of coffee <i>Bar/café</i>	£1.39	£1.39	£1.93	£2.70	£1.79	£2.14	£1.76	£4.51	£2.05
Bottle of local beer/lager <i>Bar/café</i>	£0.69	£3.47	£2.41	£4.86	£0.89	£3.74	£4.70	£5.41	£4.79
Bottle/can of Coca-Cola <i>Bar/café</i>	£1.67	£1.39	£1.81	£1.62	£0.89	£1.87	£1.17	£2.70	£1.71
1.5l bottle of mineral water <i>Supermarket</i>	£1.39	£1.80	£0.39	£0.43	£2.14	£1.22	£1.96	£0.72	£0.65
Suncream (factor 15) <i>Supermarket</i>	£8.50	£6.59	£12.53	£6.49	£6.43	£8.55	£9.40	£9.01	£12.66
Insect repellent <i>Supermarket</i>	£5.81	£4.85	£6.63	£4.86	£5.36	£5.08	£3.92	£3.61	£3.94
Pack of 20 Marlboro Lights cigarettes	£1.94	£3.54	£2.41	£6.49	£4.48	£5.88	£6.34	£3.61	£8.42
3-course evening meal for 2 adults (incl. bottle house wine) in local restaurant	£69.44	£69.44	£72.31	£78.38	£89.29	£82.89	£90.07	£109.07	£123.29
TOTAL COSTS	£90.83	£92.47	£100.42	£105.83	£111.27	£111.37	£119.32	£138.64	£157.51

Source: Post Office. Data relates to exchange rates on 10 January 2011.

Prices supplied by tourist offices of participating countries, except Bulgaria, supplied by Balkan Holidays; Canada by Jetsave; France by Brittany Ferries; Majorca by Meon Villas and China, Hong Kong, Indonesia, Mauritius, Mexico and Sri Lanka by Hayes & Jarvis. Prices were also provided, for comparison purposes, by Hayes & Jarvis (Dubai and Singapore) and Meon Villas (Cyprus and Greece).